

Table

Non Medicare approved tests that have no proven validity and should be avoided

- ☒ Live blood analysis
- ☒ Salivary hormone tests for reproductive hormones, thyroid, cortisol, melatonin etc (except for salivary cortisol (bedtime sample) for Cushing's syndrome)
- ☒ Reflexology, Iridology and kinesiology testing
- ☒ "Vega" tests
- ☒ "Functional" pathology tests e.g. liver detoxification profile
- ☒ Clot retraction Tests
- ☒ Complete digestive stool analysis
- ☒ Hair analysis for toxins, mineral analysis (non-forensic)
- ☒ Blood type testing for blood type dieting
- ☒ Zinc taste tests
- ☒ Unvalidated cancer markers
- ☒ A variety of pseudo-diagnostic machines e.g. 'Electro Dermal Screening' devices
- ☒ [Some food allergy tests](#) not performed by NATA-approved laboratories provocation/neutralisation skin or sublingual testing for allergy.